

# GD BOYS YOUTH LACROSSE STICK RECOMMENDATIONS

We get a lot of questions about what lacrosse sticks to buy and where to buy them. Below is a complete list of recommendations for beginners to advanced and positions specific players. Links that are provided take you to brand sites for more detailed information about their products. There are many places online and local that carry these products.. We will highlight our favorite places to shop, and encourage people to look around for sales and special pricing before purchasing.



## WHERE CAN YOU PURCHASE EQUIPMENT?

With so many options out there, it can be overwhelming. These are a few of the places we recommend. As always, shop around, and look for the best price that fits your budget.

### **Local Lacrosse Shops that also offer stringing services and sound advice for players of all levels.**

- Hit the Net in Acton MA
- Lacrosse Unlimited in Burlington MA
- Lacrosse Monkey in Derry NH
- Dicks Sporting Goods in Leominster MA

### **Online Stores w/great Shipping and Quick Turnaround (even local pick up options)**

- SportStop- Order Online and Ship or Pick up at their Warehouse in Brookline NH !
- Lax.com
- Universal Lacrosse
- Lacrosse Unlimited
- Lacrosse Monkey



IF YOU HAVE ANY QUESTIONS ABOUT STICKS OR  
STRINGING FEEL FREE TO REACH OUT TO:  
SHAWN MILLER AT  
CREATIVELAXSTRINGING@GMAIL.COM

# BEGINNER & NEW PLAYERS



With beginners and newer players we encourage a mid pocket and players grades 6 and below should cut their shaft down to fit the length of their arm. There are several options for new players. Below is a list of complete sticks we recommend and also Incomplete options for those that would like to choose their head and shaft separately.

## BEGINNER STICKS

### **New Player/ Complete Stick:**

- [ECD Rebel Offense](#)
- [STX Stallion 700](#)
- [String King Complete 2 INT](#)

### **New Player Head Only:**

- [String King Mark 1](#)
- [STX Surgeon 900](#)
- [ECD DNA 2.0](#)

### **New Player Shaft:**

- [String King Metal 3 Pro 135](#)
- [STX Z70 OCS Alloy Handle](#)
- [Maverick Mission Blank](#)

## SUPPLIES (FOR ALL LEVELS)

Below is a list of Mesh and Stringing Supplies. This applies to all New and Advanced Players.

### **Complete Mesh and String Kits:**

- [ECD Hero 3.0](#)

### **Mesh Only Kits:**

- [Hero Mesh 3.0 Semi Soft](#)
- [Hero Mesh 3.0 Semi Hard](#)
- [String King Type 5S](#)
- [String King Type 5X](#)

### **String Only Kits:**

- [ECD Hero Strings](#)
- [String King](#)

### **Goalie Mesh Kits:**

- [String King Grizzly 2S](#)
- [String King Grizzly 2X](#)
- [ECD Impact Goalie Mesh](#)

### **Goalie String Kits:**

- [ECD Hero Strings Goalie](#)
- [String King Goalie Kit](#)

\* There is a company out of Massachusetts (North Adams) that makes high quality mesh at a much more affordable price. It is fairly new, but we are getting great feedback from players using the Mesh. The mesh is called [G3 Ultralight 10D](#) and is made by [Stringer Shack](#)



# NEXT LEVEL

## EXPERIENCED PLAYERS

Once a player has been playing for a few years and starts to develop their skills and knowledge of the game, they might start to specialize into a more position specific role. This generally isn't recommended until grades 7 and 8 but there are always exceptions and players can find a nice home in a position earlier based on their specific skill set and love of the game. We have highlighted position specific equipment below that is recommended for the intermediate to advanced player. Usually players in this category do not purchase complete sticks and are often upgrading from their original stick. We will highlight Head Only and Shaft Only categories for these players. The pocket placement for each player is very individualized, but as a rule of thumb Attack use lower pockets, Middies use mid-pockets and Defenseman use high pockets. There is a lot of flexibility and pockets can be modified to meet an individual player's preference.

### Attack Heads:

- [Maverick Optik 3.0](#)
- [STX Surgeon 1K or 900](#) (older version)
- [ECD ION](#)

### Middie Heads:

- [ECD DNA 2.0](#)
- [STX Stallion 1K](#)
- [String King Mark 2V](#)

### Defensive Heads:

- [STX Stallion 1K](#)
- [String King Mark 2D](#)
- [Warrior QX2-D](#)
- [ECD DNA 2.0](#)

### Face-Off (FO) Heads:

- [String King Mark 2F](#)
- [STX Duel III](#)
- [ECD Weapon X](#)

### Goalie Heads:

- [STX Eclipse III](#)
- [String King 2G](#)
- [ECD Impact](#)

### Attack/Middie Shafts

- [STX Sci-Ti Series](#)
- [ECD Carbon Pro 3](#)
- [Maverick Hyperlite](#)
- [String King Composite 2 Pro](#)
- [String King Metal 3 Pro](#)

### Defense Shafts:

- [STX Sci-Ti Defense](#)
- [String King Metal 3 Pro](#)
- [Epoch Dragonfly Pro III](#)
- [Maverick S24 Hyperdrive](#)
- [ECD Carbon Pro 3.0](#)

### Face-Off (FO) Shafts:

- [STX Sci-Ti Series](#)
- [ECD Carbon 3.0](#)
- [String King Metal 3 Pro](#)

### Goalie Shafts

- [STX Sc-Ti O Goalie](#)
- [Maverick Hyperlite Goalie](#)
- [ECD Carbon Pro 3.0 Goalie](#)
- [Maverick AI Goalie](#)
- [String King Metal Pro Goalie](#)

\* A new company that sells direct is called Savage X Lacrosse. They are Titanium shafts at a much more affordable price. You can purchase them directly from their website. They are high quality shafts without all the branding and marketing. I have been recommending them to many middle and high school players and they are a fantastic option for many players.